

deals

October 2024



Bob's Red Mill
Organic Old Fashioned
Rolled Oats
selected varieties

\$5.49

32 oz



Manitoba Harvest
Organic Hemp
Hearts

\$11.99

12 oz



Stock up and save on certified Non-GMO snacks

GoMacro
Organic MacroBar
selected varieties



2/\$5

2-2.4 oz



Siete
Kettle Cooked Potato Chips
selected varieties



2/\$6

5.5 oz



Lesser Evil
Organic Popcorn
selected varieties



2/\$6

4.6-6.4 oz



Enjoy Life Foods
Chocolate Chips
selected varieties



\$5.29

9-10 oz



Justin's
Organic Mini Peanut Butter Cups
selected varieties



\$4.99

4.7 oz



Birch Benders
Organic Pancake & Waffle Mix
selected varieties



\$4.29

14-16 oz



Poppi
Prebiotic Soda
selected varieties



2/\$4

12 oz



GT's
Kombucha
selected varieties



2/\$6

16 oz



C2O
Coconut Water
selected varieties



\$1.69

17.5 oz



**Annie's
Mac & Cheese**
selected varieties

4/\$5

5.26–6 oz



**Tasty Bite
Indian Entrée**
selected varieties

\$2.79

10 oz



**Pacific Foods
Organic Soup**
selected varieties

\$3.79

32 oz



**Kettle & Fire
Bone Broth**
selected varieties

\$5.49

16.9 oz



**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**

\$17.99

25.4 oz



**Annie's
Organic Dressing**
selected varieties

2/\$8

8 oz



**Maya Kaimal
Indian Simmer Sauce**
selected varieties

\$4.79

12.5 oz



**Rao's Homemade
Pasta Sauce**
selected varieties

\$6.79

24 oz



**Late July
Tortilla Chips**
selected varieties

2/\$7

7.5–7.8 oz



Amy's®

At Amy's, we cook with love using the best quality organic ingredients so you can enjoy delicious meals in minutes.



**Amy's
Macaroni &
Cheese**

\$3.79

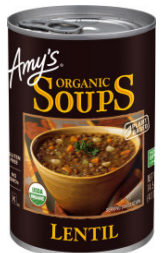
9 oz



**Amy's
Burrito**
selected varieties

2/\$6

6 oz



**Amy's
Organic Soup**
selected varieties

\$3.79

13.65–14.7 oz

**Vista Hermosa
Tortilla Chips**
selected varieties

\$3.79

9 oz



**Garden of Eatin'
Corn Tortilla Chips**
selected varieties

\$2.49

5.5 oz



**Inka Crops
Plantain Chips**
selected varieties

\$2.29

3.25-4 oz



**PUR
Gum**
selected varieties

4/\$5

0.44 oz



**MI-DEL
Cookies**
selected varieties

\$3.79

8-10 oz



**Shop
Better
with the
Butterfly**

Look for the Non-GMO Project
Verified Butterfly to ensure
your products are made as
nature intended.



**EPIC
Meat Snack Strip**
selected varieties

4/\$5

0.8 oz



**The Ginger People
Gin Gins® Ginger Candy**
selected varieties

2/\$5

3-3.5 oz



**gimMe Organic
Organic Seaweed Snack**
selected varieties

\$1.59

0.32-0.35 oz



**free2b
Chocolate Cups**
selected varieties

\$1.79

1.05-1.4 oz



**Simple Mills
Gluten Free Cookies**
selected varieties

\$3.79

5.5 oz



**One Degree Organics
Organic Sprouted Cereal**
selected varieties

\$4.49

8-10 oz





At R.W. Knudsen, we *krush* only the best ingredients so you can *krush* everything you do. Our Organic 100% juices are crafted for life's little wins using the finest fruits.



R.W. Knudsen Organic Apple Juice

\$379

32 oz



R.W. Knudsen Organic Just Tart Cherry Juice

\$679

32 oz

Familia Swiss Muesli
selected varieties

\$799

29 oz



Farmer's Market Organic Pumpkin Puree

\$299

15 oz



Navitas Organic Cacao Powder

\$779

8 oz



Choice Organic Teas Organic Tea

selected varieties

\$329

16 ct



nutpods Dairy-Free Creamer

selected varieties

\$279

11.2 oz



Four Sigmatic Organic Mushroom Coffee

selected varieties

\$1299

12 oz



ROAR Organic Organic Vitamin Enhanced Beverage

selected varieties

\$169

18 oz



Olipop Sparkling Tonic

selected varieties



Three Trees Organic Almondmilk

selected varieties

\$549

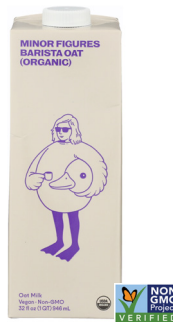
28 oz



Minor Figures Organic Barista Oat Milk

\$349

32 oz



\$179

12 oz

Elmhurst
Plant-Based Milk
selected varieties

\$4.79

32 oz



REBBL
Organic Protein Elixir
selected varieties

\$3.79

12 oz



siggi's
Icelandic Style Yogurt
selected varieties



Vital Farms
Butter
selected varieties

\$3.79

8 oz



Stonyfield
Organic Yogurt
selected varieties

\$3.79

32 oz



3/\$4

4-5.3 oz

Organic Valley
Organic String Cheese

\$5.29

8 oz



Field Roast
Chao Slices
selected varieties

\$4.99

7 oz



Food For Life
Organic Ezekiel 4:9® English Muffins
selected varieties

\$4.99

16 oz



Against The Grain
Original Baguettes

\$6.29

15 oz



Deep Indian Kitchen
Samosas
selected varieties

\$4.79

7.5-12 oz



Beyond Meat
Beyond Ground Beef

\$7.49

16 oz



Wyman's of Maine
Wild Blueberries

\$3.79

15 oz



Van's
Waffles
selected varieties

\$3.49

8-9 oz



Lily of the Desert
Organic Aloe Vera Juice

\$5.79

32 oz





HEALTHY CONSCIOUS LIVING

Environmental and social responsibility are at the heart of Organic India, with an unwavering commitment to ethical and sustainable practices. Every herb and spice is cultivated by way of organic, regenerative methods and fairtrade principles.



**Organic India
Organic Psyllium
Husk**

\$14.99

12 oz



**Organic India
Organic
Ashwagandha**

\$16.99

90 cap

**Beekeeper's Naturals
Propolis Immune Support
Throat Spray**



\$10.49

30 ml

**Carlson
Cod Liver Oil**



\$38.99

500 ml

**Nature's Way
Organic Sambucus Zinc Lozenges**

\$4.79

24 ct



**Garden of Life
Organic Elderberry Gummy**

\$27.99

120 ct



**MegaFood
Relax + Calm Magnesium
Soft Chews**

\$11.49

30 ct



**Nordic Naturals
Ultimate Omega**

\$21.99

60 ct



At Ancient Nutrition, we are leading the Regenerative Revolution in Mind, Body & Planet. On our founder-owned Regenerative Organic Certified® (ROC™) farms, we are cultivating more nutrient-dense soil to grow the powerful superfood ingredients that go into our line of first-ever ROC™ Probiotics.



**Ancient Nutrition
Organic Gut
Recovery Probiotics**

\$43.99

60 ct



**Ancient Nutrition
Multi Collagen
Protein Powder**
selected varieties

\$38.99

459-525 g

**Natural Factors
Whole Earth & Sea™ Women's
Multivitamin & Mineral**

\$30.99

60 tab



**Flora
Super 8 Hi-Potency Probiotic**

\$18⁹⁹

30 cap



**KAL
Magnesium Glycinate 350**

\$16⁹⁹

160 ct



**Boiron
Oscillococcinum**

\$18⁹⁹

12 ct



**Andalou Naturals
Shampoo or Conditioner**
selected varieties

\$6⁷⁹

11.5 oz



**Desert Essence
Dental Floss**

\$2⁹⁹

1 ct



Whether it's a cup for conversation, finding your zen, or settling digestive discomfort, Traditional Medicinals has a tea for that, and lozenges too! We combine traditional plant knowledge and advanced plant science to help you better manage your wellness.



**Traditional Medicinals
Organic Tea**
selected varieties

\$4²⁹

16 ct



**Traditional Medicinals
Organic Throat Lozenges**
selected varieties

\$3⁹⁹

16 ct

**Jarrow Formulas
Saccharomyces Boulardii + MOS**

\$25⁹⁹

90 vcap



**Dr. Bronner's
Organic Castile Liquid Soap**

\$14⁹⁹

32 oz



**Alaffia
EveryDay Shea Body Wash**
selected varieties

\$10⁴⁹

32 oz



**Himalaya
Toothpaste**
selected varieties

\$5⁴⁹

4-5.29 oz



**ECOS
Laundry Detergent**
selected varieties

\$12⁹⁹

100 oz



**Ecover
Dishwasher Tablets**
selected varieties

\$4⁷⁹

25 ct



Pumpkin Cheesecake Oatmeal

5 MIN • SERVES 2 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

Pumpkin Cheesecake

½ cup Greek yogurt
2 tablespoons pumpkin puree
1 tablespoon maple syrup
½ teaspoon cinnamon
Pinch nutmeg
Pinch sea salt

Pinch nutmeg
1 ¼ cups almond milk
2 tablespoons maple syrup

Toppings

Pecans
Pumpkin Seeds
Granola

Oats

1 cup oatmeal
1 teaspoon cinnamon

DIRECTIONS

- 1 In a bowl, combine the pumpkin cheesecake ingredients and set aside.
- 2 In a microwave safe bowl, combine the oats ingredients and microwave for one minute. Stir and microwave for an additional minute.
- 3 Swirl the pumpkin cheesecake into the oats and top with pecans, pumpkin seeds, and granola.



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